Innovative Solutions for Regional Transportation: Regional Resilience Track

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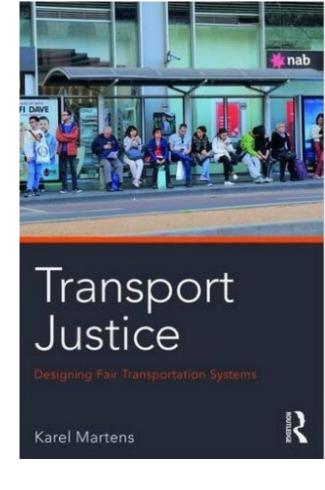
andihamre.com

Key Concept: Resilience

- Resilience originated in ecology as a way to describe the capacity or ability to survive or maintain basic functions in the face of stress or disturbance (Holling 1973)
- Resilience capacity may be understood as (LSE 2022):
 - Shock absorbing and coping
 - Evolving and adapting
 - Transforming
- **Response diversity** is the number of **available options** for responding effectively to a stressor/disturbance/shock (<u>LSE 2022</u>)

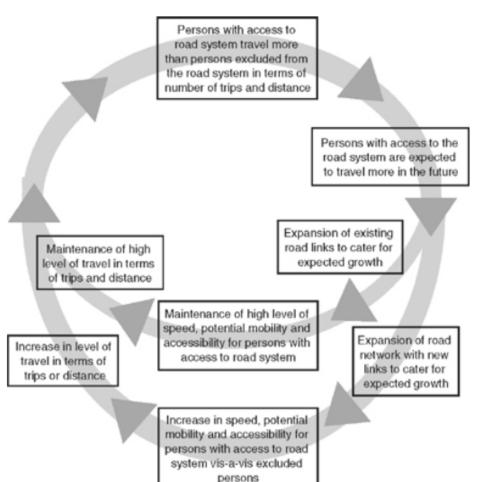
Key Concept: Transport Justice

- Martens argues that transportation's "social meaning" is access, which has a unique "enabling character" that makes it "an indispensable resource shaping one's life path"
- Martens applies the Sen/Nussbaum capability approach to emphasize the experience of agency, choice, and opportunity in leading a dignified life
- Martens argues that a just society will protect its citizens from "the exclusionary violence that is embedded in noninclusive transportation systems."

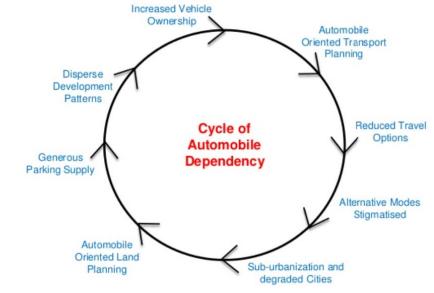


"Put simply, accessibility – connections between people and opportunities – is the most important economic and social benefit created by a transportation system and it facilitates participation in activities that individuals need to lead a meaningful life" – Karner, Levine, Dunbar, and Pendyala (2023)

Key Concept: Transport Justice



Automobile Dependency and Sprawl



Victoria Transport Policy Institute, "Evaluating Transportation Land Use Impacts"

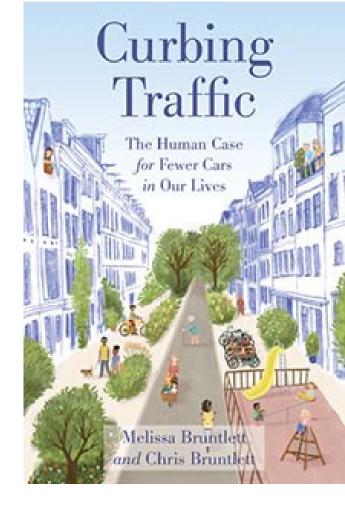
Transport Justice Karel Martens

Litman, Breaking the Cycle of Automobile Dependency, Planetizen (2019)

Traditional transport planning "at best maintains existing differences in all dimensions and at worst leads to a continuous growth in inequalities in terms of travel speed, potential mobility, accessibility, and revealed mobility, between persons with access to, and persons excluded from, the dominant car-road system"

Key Concept: Transport Justice

When car-centric environments are viewed through this lens [of disabling environments - places that exclude people, or make their participation more difficult or more expensive compared to that of others], it becomes clear that they do not benefit everyone equally. Car-first planning, at its essence, perpetuates the idea that transport networks are provided for those with motor vehicles, who are therefore freely mobile with their choices. It is exclusionary, overlooking the needs of portions of the population: children, the elderly, those living on a limited income, and, importantly, individuals with a physical disability.



Bruntlett and Bruntlett (2021); see also Cathy Tuttle's work on car master planning (https://pdxscholar.library.pdx.edu/trec seminar/224/)

- A system of services that are organized, run, and/or paid for by the government, available to the general public, and dedicated to the transport (movement, conveyance) of people
- Beyond these general parameters, the definition of public transit is up to us and a reflection of our shared values (ideals, goals, & priorities)

Don't tell me what you value, show me your budget, and I'll tell you what you value.

— President Biden

What is transit's purpose?
What counts as adequate and useful transportation?
What kind of city do you want?
You, and your community, get to choose "what" you want and "why"
-Jarret Walker, Human Transit (2012)

Purpose

Social Service

Enable Upward Mobility, Enhance Quality of Life

Resource-Efficient Movement

Enable High Utilization of Assets

Limit Space Needed for Travel Lanes & Parking

Catalyst for Economic Development

& Land Use Changes

Stimulate Densification, Transit-Oriented Development

Performance Measures

Activity Participation

Trips Per Capita

Riders Per Hour

Cost Per Vehicle Hour

Cost Per Trip

Emissions Per Trip

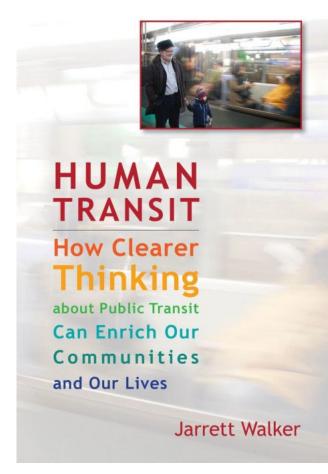
Foregone Parking Expansion

Retail Sales

Dwelling Units Per Acre

Source: Steven Polzin, <u>Just Around the Corner: The Future of U.S. Public Transportation</u> (2018)

- Seven Demands of Useful Transit
 - It takes me where I want to go
 - It takes me when I want to go
 - It is a good use of my time
 - It is a good use of my *money*
 - It *respects* me in the level of safety, comfort, and amenity it provides
 - I can trust it
 - It gives me *freedom* to change my plans



Frequency is Freedom

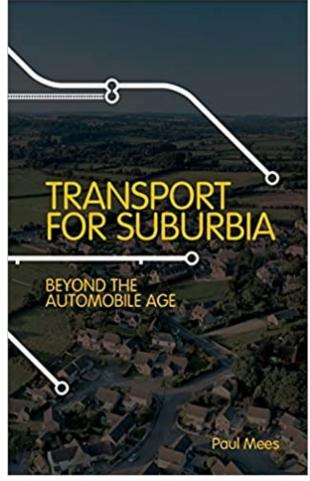
The Essential Task of Transit: Abundant Personal Mobility Without Personal Vehicles Over Distances Too Far To Walk

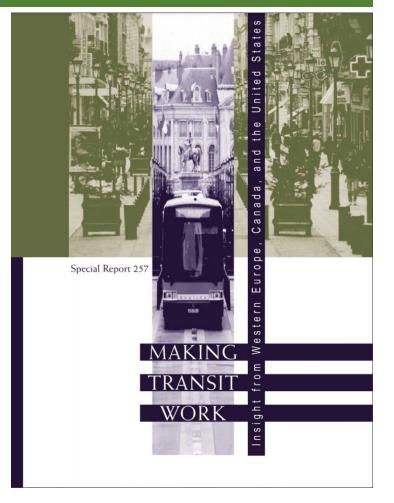
It *can* be safe, dignified, sustainable, resource-efficient, affordable, convenient, seamless, broadly appealing & widely used – we know this to be true, because we have many world class domestic & international examples

his week we're joined by Professor Ralph Buehler of Virginia Tech, who talks with us about the German transport concept of Verkehrsverbund. The word translated to English means "transport network." We discuss where the first Verkehrsverbund was formed and how more integrated systems could make transport in the United States more efficient and connected. There's also a discussion about docked bike share as well as how we can think about mobility as a service platforms in the future and their relationship to existing transport systems.



Sources: https://usa.streetsblog.org/2018/11/15/talking-headways-podcast-verkehrsverbund-a-seamless-journey/ and https://onlinepubs.trb.org/onlinepubs/sr/sr257.pdf





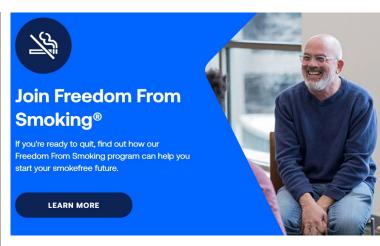
Key Question: What Problems Are you Trying to Solve?

Are you asking the right questions? Are you asking the questions you want to be asking?

How do we make safer cigarettes? \rightarrow How do we free ourselves from smoking?





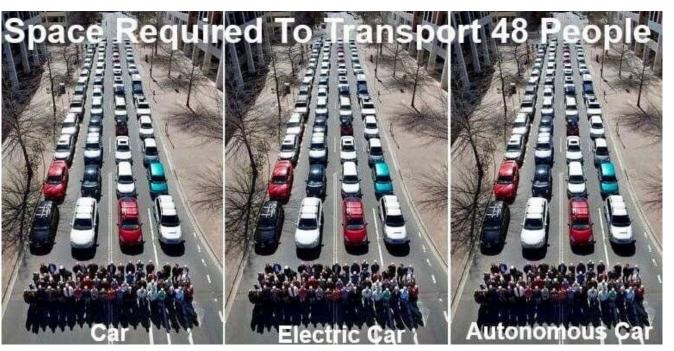


Key Question: What Problems Are you Trying to Solve?

Are you asking the right questions? Are you asking the questions you want to be asking?

How do we make car dependency work? \rightarrow How can we free ourselves from car dependency?





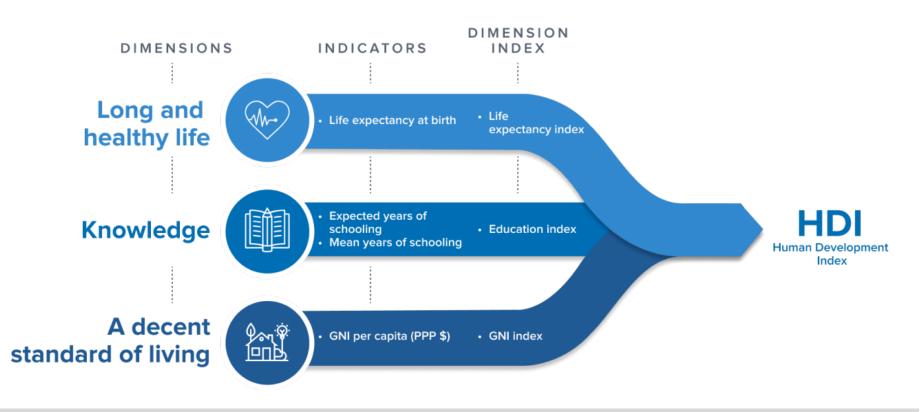
"EVs are here to save the car industry, not the planet, that is crystal clear" – Jason Slaughter, <u>CBC News (2022)</u>

Hat tip to Professor Peter Norton, <u>The Dangerous Promise of the Self-Driving Car</u>, CityLab (2021)

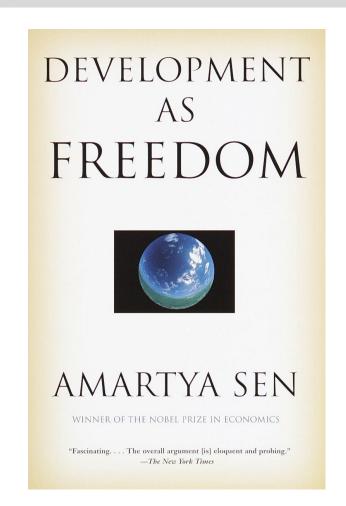
Key Question: What Problems Are you Trying to Solve?

Are you asking the right questions? Are you asking the questions you want to be asking?

How do we help people accumulate more stuff? \rightarrow How do we help people experience more freedom?



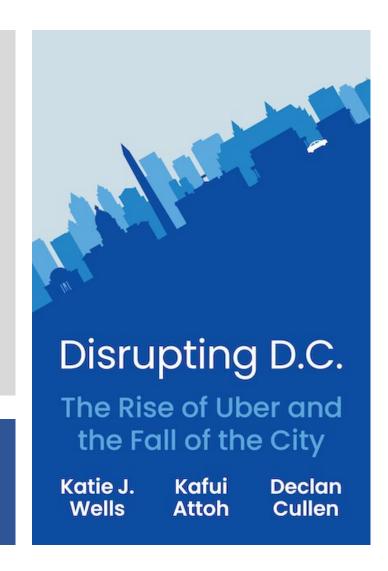
Sen & Nussbaum's capability approach helped broaden and shift development accounting, from income-centered (eg GDP/capita) to people-centered measures (eg HDI)



Are there forces lowering expectations?

Few with whom we spoke held up Uber as a real solution to D.C.'s transportation, racial, economic, or employment challenges. Yet their expectations of the city and its democratic institutions were even lower. These people did not trust Uber to solve problems of racial polarization, stalled economic mobility, or concentrated poverty, but neither did they expect that such problems might be solved through public provision, urban public policy, or – dare we say – "politics." This is the foundation of the book's argument: that Uber's success in D.C. and elsewhere hinges on exploiting a political and infrastructural vacuum and, in so doing, redefining what people expect from cities and the urban public realm."

"...the ride-hailing industry's growth has never been a sign of urban economic strength or urban innovation and has always been a sign of urban weakness, desperation, and low expectations."



Are there forces lowering expectations?

Alternative approaches to community and economic development (Asset-Based Community Development, the Community Capitals Framework, the Rural Wealth Creation and WealthWorks model, and Comprehensive Rural Wealth Framework) as well as insights from Rural Placemaking and the New Ruralism Initiative have helped to reorient and broaden our efforts to support resilient and thriving rural communities

Traditional Approach	Alternative Approach	
Narrower Focus on Capital Types • Financial • Physical (or Built)	 Broader Focus on Capital Types Financial Physical (or Built) Cultural Individual (or Human) Intellectual Natural Political Social 	"Building jobs on our strengths" – New Ruralism Initiative (2020)
Identify Deficiencies to Assess Needs Building Jobs to Address Weaknesses Supply-Driven →Focus on Supply Chains	Identify Capacities to Map Assets Building Jobs Around Strengths Demand-Driven →Focus on Wealth Creation Value Chains	

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Traditional Approach	Alternative Approach	
Narrower Focus on Economic Activities	Broader Focus on Economic, Social, Cultural,	
	and Environmental Activities	
Strategies Focused on Creating a "Business-	Strategies Focused on Creating a Higher Quality	
Friendly Environment	of Life	
→ Tax incentives to attract/retain employers	→Investments to make a place attractive to	
and reduce labor costs	live, work, and do business in	

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Traditional Approach	Alternative Approach		
Narrower Focus on Growth	Broader Focus on Development		
Shorter-Term (Turnover, Extraction)	Longer-Term (Sustainable Wealth Creation)		
Narrower Goals & Measures	Broader Goals & Measures		
 Retain Existing Businesses & Jobs 	 Retain Existing Businesses & Jobs 		
 Attract New Business & Create Jobs 	 Attract New Business & Create Jobs 		
Increase Per Capita Income	Increase Per Capita Income		
Increase Local Tax Base	Increase Local Tax Base		
	 Increase Quality of Life & Sense of Place 		
	 Strengthen Community Pride 		
	 Build Stronger Regional Networks 		

Key Takeaways

- Tradeoffs: Driving can be incredibly convenient, practical, useful, customizable, & empowering, but it is also the most energy-intensive & least sustainable way to get around, takes up a lot of space that could be used for other things (eg housing, businesses, parks), is expensive, requires vision & other motor & cognitive skills, & annually leads to approximately 40,000 deaths domestically & over 1 million deaths globally plus many more serious injuries
- Balance: A more balanced approach to transportation supports energy efficiency, sustainability, and resilience, as well as goals for livability, affordability & stewardship of public resources, equity, health & safety, & access to open spaces
- Outlier: The U.S. is an outlier in the degree to which we rely on driving for personal travel, and is diverging from our peer nations in trends for key energy, sustainability, health & safety outcomes

Key Transportation Strategies to Support Resilience Capacity and Response Diversity

- University Basic Mobility & Mobility Wallets
- Capping or Eliminating Transit Fares
- Vehicle Subsidy Programs (Electric Bicycles and Cars)
- Sidewalk Network Improvements
- Public Transportation Improvements
- Traffic Calming
- Additional Reforms
 - Equity-Based Emergency Management & Disaster Response
 - Reallocation of Roadway Space to Improve Transit, Bicycling, and Walking
 - Parking and Road Use Pricing

Hamre and Kack, Insights to Support Transportation Equity in Rural America: A Primer and Practical Compilation of Concepts, Resources, Tools, and Reforms, 2023

Key Transportation Strategies to Support Resilience Capacity and Response Diversity

- Microtransit modernizes the rural transit toolbox, which in the past has often been limited to the choice between lowperforming and circuitous one-way fixed route loops or inconvenient dial-a-ride services that require advance reservations and long wait times.
- Its on-demand nature makes it a type of flexible transit, but its emphasis on the pooling of trips distinguishes it from taxi or ridehailing services.

Key Transportation Strategies to Support Resilience Capacity and Response Diversity

Fixed Transit:

- Public Transportation Based Upon Set Stops, Routes, and Schedules
- No Advance Reservations
- Excels in Traditional Output-Focused Performance Measures
 - (Service Efficiency & Effectiveness)
- Best Suited for Areas of Higher Density and Demand
- ADA Complementary Paratransit Requirement



Flexible Transit:

- Public Transportation Based Upon Variable Stops, Routes, and Schedules
- Requires Advance Reservations
 - Phone (Dial-a-Ride) or App-Based (Microtransit) Ride Requests
- Excels in Quality-Focused Performance Measures
 - (Transit Availability, Comfort & Convenience)
- Best Suited for Areas of Lower Density and Demand
- No ADA Complementary Paratransit Requirement

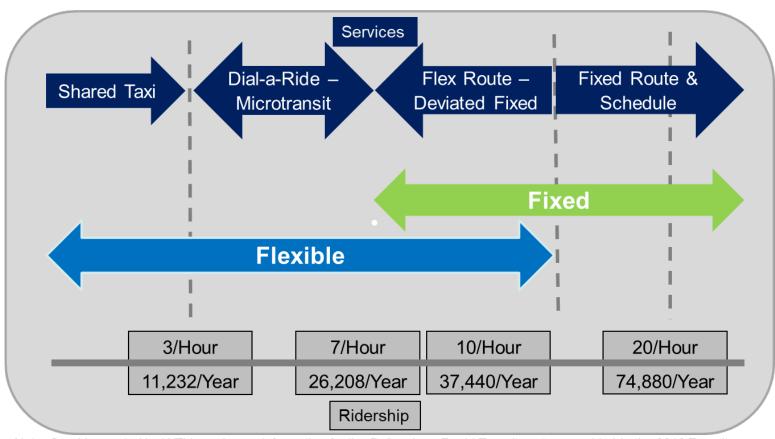


The only places where flexible service is the *most* efficient way to achieve ridership are places with very, very low transit demand, like small towns, rural areas, and the lowest-density suburbs. If there is no demand for fixed routes that could carry more than 4 boardings per driver hour, you might as well run flexible – Jarett Walker, 2019, (emphasis in original)

Fundamental Tradeoff: Capacity vs Coverage

Key Transportation Strategies to Support Resilience Capacity and Response Diversity

Sample Spectrum of Flexible and Fixed Transit Services In Relation to Ridership



Note: Graphic created by WTI based upon information for the Dallas Area Rapid Transit system provided in the 2013 Transit Capacity and Quality of Service Manual (Exhibit 2-26: DART Criteria for Fixed-Route and DRT Service). Riders per hour translated into annual estimates by WTI based upon 12 revenue hours per day, 6 days of service per week, and 52 weeks of service per year.

What not always choose fixed route transit?

- Significant Access Burdens
 - Only Useful for Trips Starting/Ending Near Fixed Stops or For Those Willing/Able to Undertake Access Trips
 - Riders Must Adhere to Schedules & Stop Locations
- Efficiency Depends on Load Factors
 - Empty or Mostly Empty Buses Can Be As Resource Intensive As SOVs
 - Most Communities in the US Remain Reluctant to Reduce Parking
 - Complementary Paratransit Required by ADA
- Densification Takes Time
 - Auto Ownership Remains High Even in Many Transit Rich Areas
 - Complementary Investments May Get Stalled

When is microtransit the right fit for your community?

- Improve Upon Traditional Dial-a-Ride Demand Response
 - Attract New Riders
 - Meet On Demand Customer Expectations
- Provide Service and Test the Market In Areas or At Times of Low Demand
 - Test Previously Unserved Market
 - Replace Underperforming Fixed Route
- Provide Equal Access Across a Service Area
- Provide Service In Areas With Inadequate Infrastructure for Fixed Routes (e.g. Sidewalks, Lighting)
- Get Started
 - Incremental, Customizable, Rapidly Deployed

"Set realistic goals. This is a low ridership service for low-density and low-demand areas or times."
-TCRP Synthesis 141 (Volinski, 2019)

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NATIONAL ASSOCIATION OF DEVELOPMENT ORGANIZATIONS































OUTLINE

- The beginning: RPOs to RTPOs
- Roles and Responsibilities
- Organization and Funding
- Looking back: Benefits, challenges and keys to Ohio's success



HISTORY OF REGIONAL PLANNING IN OHIO

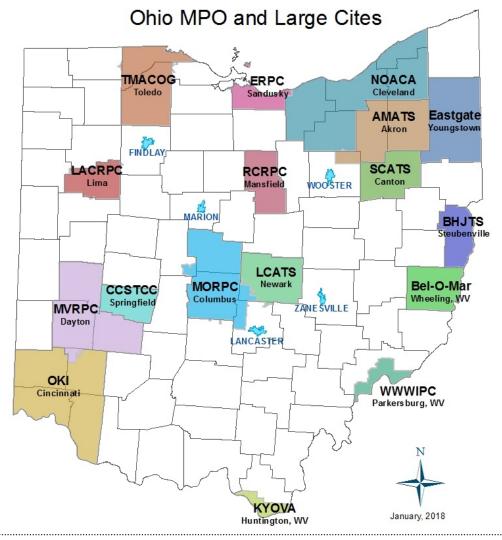
2012 - Moving Ahead for Progress in the 21st Century (MAP-21) allowed states to formally designate Regional Transportation Planning Organizations (RTPOs)





HISTORY OF REGIONAL PLANNING IN OHIO

Prior to July 2013, regional transportation planning was done by 17 Ohio MPOs (30 of 88 counties)





WHERE COULD ODOT TURN? OHIO'S EXISTING RPO'S

Ohio Regional Planning Organization Boundaries



HOW ARE RPOS SET UP?

- State requirements:
 - Regional Planning Commission RPC (ORC § 713.21 and 713.23), or
 - Council of Governments COG (ORC § 167)
 - Association of Counties (ORC § 307)

- Federal requirements:
 - Have support from a public entity that serves as its financial agent (23 USC 135(m) and 23 CFR 450.210(d))



HOW IT STARTED

- In 2013, ODOT issued a RFP for a pilot program
 - Offered planning funds to two (2) RPO's
 - All five existing regional planning agencies applied
 - ODOT awarded planning grants to all five RPOs!

- Two-year pilot program initiated in July 2013
 - Covered an additional 34 counties



TWO YEAR PILOT PROGRAM

Key components:

- Provide interagency consultation and stakeholder outreach
- Development of transportation planning expertise
- Development of a multimodal long-range transportation plan





RTPO STRUCTURE

Technical Advisory Committee (TAC) Provide professional and technical advice to the RTPO Board or Policy Committee to inform transportation planning **RTPO Handling Agency** and project decisions. **Policy Committee** The government entity that The entity formally designated houses the professional as the RTPO and responsible RTPO staff and is the for conducting the area's responsible contractual and transportation planning fiscal agent. process. **Other Committees** Established as necessary to address transportation planning considerations and specific modes.



WHAT AUTHORITY DO RTPO HAVE?

- Based on their organization under Ohio law:
 - RPOs/RTPOs are voluntary organizations
 - They exist to serve their member agencies
 - There are no statues requiring specific products or functions
 - ODOT's official partner in rural consultation



CURRENT RTPOS IN OHIO











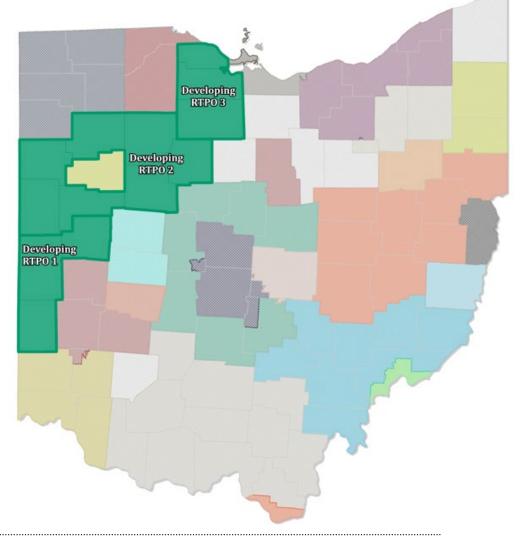






CONTINUED RTPO DEVELOPMENT

- Three new RTPOs in development
- If successful, 82/88 Ohio counties would have regional transportation planning representaion





HOW DOES AN RPO BECOME AN RTPO?

Adopt RPO/ RTPO Structure



Successfully Complete LRTP



Governor Designation

RESPONSIBILITIES AFTER BECOMING AN RTPO

Core Work Products

Long-range Transportation Plan Update



Regional Transportation Improvement Program (RTIP)



Annual Work Program

Public & Stakeholder Engagement

Statewide Planning Participation



Technical
Assistance Locals & ODOT



Special Studies / Projects

Ongoing



RTPO ROLES AND RESPONSIBILITIES

- Long-range planning 20-year horizon, updated every five years
 - Regional Vision, Goals and Objectives
 - Public/ Stakeholder Engagement
 - Existing/ Future Conditions and Regional Trends
 - Recommended Strategies and Projects
 - Transportation Equity / Environmental Justice
 - Financial Plan
 - Systems Performance Report

23 U.S.C. 450 – Planning Factors

- (1) Support economic vitality
- (2)Increase the safety of the transportation system for motorized and non-motorized users;
- (3)Increase the security of the transportation system
- (4) Increase accessibility & mobility of people & freight;
- (5)Protect and enhance the environment, promote energy conservation, improve the quality of life, and promote consistency between transportation improvements and State and local planned growth and economic development patterns;
- (6)Enhance the integration and connectivity of the transportation system, across and between modes, for people and freight;
- (7)Promote efficient system management and operation;
- (8)Emphasize the preservation of the existing transportation system;
- (9)Improve the resiliency and reliability of the transportation system and reduce or mitigate stormwater impacts of surface transportation; and
- (10) Enhance travel and tourism.



RTPO ROLES AND RESPONSIBILITIES

Additional planning (optional):

- Safety and/or corridor studies
- Safe Routes to School Plans
- Active Transportation Plans
- Asset Management/Data Collection
- Transit Planning
- Coordinated Public Transit-Human
 Services Transportation Plans
- Freight Planning
- Grant writing/funding app assistance





ODOT ROLES AND RESPONSIBILITIES

Central Office

- Planning Program Oversight
- Fiscal Oversight
- Technical Assistance
- Liaison Designation

Districts

- RTPO Policy Board Member
- Planning Process Participation
- District Capital Program Priorities







PLANNING PROGRAM FUNDING ALLOCATION

- Annual Planning Program Budget
 - o SFY 2024 \$1,292,705
 - 80% Federal SPR Part 1
 - o 10% State
 - 10% Local Match (dues)
- Federal/State allocated based on:
 - \$60,500 per RPO/RTPO
 - Balance distributed proportionally
 - 50% pop / 50% area

RTPO	Total
BUCKEYE HILLS	\$207,588
CORPO	\$223,262
LUC	\$122,991
MVPO	\$166,731
OMEGA	\$276,272
OVRDC	\$295,861
TOTAL	\$1,292,705



CAPITAL PROGRAM FUNDING ALLOCATION

Capital Program Funding

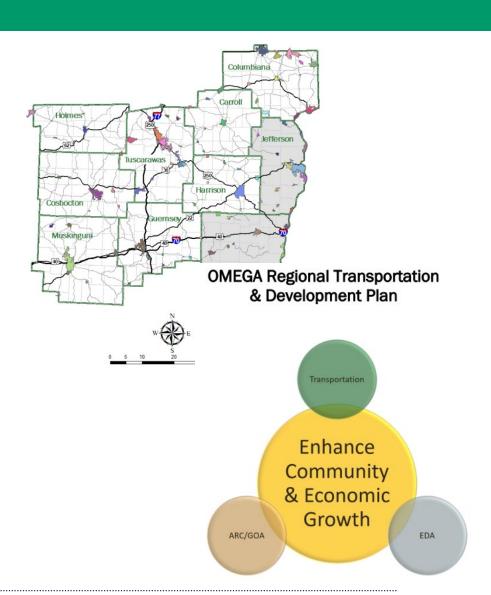
- State Budget Appropriations
- SFYs 2024-2025 \$10 million
 - SFY 2024 \$5 million
 - SFY 2025 \$5 million

RTPO	SFY 2024 \$	SFY 2025 \$
BUCKEYE HILLS	\$766,179	\$766,179
CORPO	\$1,002,003	\$1,002,003
LUC	\$310,720	\$310,720
MVPO	\$548,416	\$548,416
OMEGA	\$1,133,025	\$1,133,025
OVRDC	\$1,239,655	\$1,239,655
TOTAL	\$5,000,000	\$5,000,000



BENEFITS

- Adopted comprehensive LRTP and RTIP
- Data systems
- Increased interregional coordination -RPO/MPO and RTPO responsibilities
- Engagement of local/appointed officials
- Recognized role in ODOT planning and project implementation
- Established priorities for greater success in securing resources
- Funding allocations





CHALLENGES

- Sustained interest/responsiveness
 - Local/regional leadership and elected officials
 - DOT leadership and districts
- Staff attraction and retention
- Federal/State compliance requirements
- State oversight and administration resources
- Insufficient resources

CONTRACT AUDIT CIRCULAR No. MPO - 2



SUBJECT: Submittal of Cost Allocation Plans; Required Documentation;

Treatment of Unallowable Costs

Effective Date: July 1, 2010

Last Updated: December 26, 2014

I. DEFINITIONS

Terminology used in these Ohio Department of Transportation (ODOT) MPO Contract Audit Circulars is intended to be consistent with 2 CFR 200. I Users should refer to the defined terms in 2 CFR 200 Subpart A - Acronyms and Definitions and other sections of 2 CFR 200 as citied throughout the text.

Users should be familiar with the definition of the following specific terms to aid in comprehension of the subject matter discussed in these documents—

- (1) "MPO" refers to a handling agency that ODOT contracts with to conduct the MPO urban transportation planning process required by 23 USC 134. Typical Ohio MPO handling agencies include Regional Planning Commissions established pursuant to Ohio Revised Code §167, and authority afforded Boards of County Commissioners pursuant to Ohio Revised Code §167, and authority afforded Boards of County Commissioners pursuant to Ohio Revised Code §307.
- (2) The "Code of Federal Regulations" (CFR) is the codification of the general and permanent rules published in the Federal Register by the executive departments and agencies of the Federal Government. The CFR is divided into 50 titles that represent broad areas subject to Federal regulation.
- (3) "Cognizant agency for indirect costs" means the Federal agency responsible for reviewing, negotiating, and approving cost allocation plans or indirect cost proposals developed under 2 CFR 200 on behalf of all Federal agencies. The cognizant agency for indirect cost is not necessarily the same as the cognizant agency for audit. See also 2 CFR §200.19, Cognizant agency for indirect costs.
- (4) "Incurred Cost" refers to the various elements of total cost submitted on the MPO agency's overhead schedule or invoices. Costs may be categorized as either: (a) Direct labor, (b) Fringe benefits, (c) Indirect, or (d) Other direct.
- (5) An "incurred cost audit" involves an examination of the accounting records and source documents that support submitted costs billed against Federal-aid contracts. The examination also includes an assessment of the auditee's internal controls, timekeeping practices, and general operating policies.
- (6) "Internal Controls" are policies, procedures, and activities designed to help an organization achieve its management objectives, safeguard resources, report reliable information, and comply with applicable laws. While internal controls cannot completely eliminate the risk of error, fraud, or mismanagement, well-concèved procedures and a good control environment can minimize the potential for abuse. Also see §200.61 Internal controls.



¹ Title 2 Code of Federal Regulations Part 200 Uniform Administrative Requirements, Cost Principles, and Audit Requirements for Federa Awards

KEYS TO OHIO'S SUCCESS

- Existing RPO standing
- MPO / ODOT mentorship
- Central liaison and district structure
- RTPO Administrative Manual
 - Agreements, expectations, and procedures
- Recurring coordination
 - Ohio Association of Regional Councils (OARC)
- ODOT Planning Contracts
- Legislative support







QUESTIONS



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Last updated DATE

