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| **Capital** | **How do YOU MEASURE INCREASE IN capital?** |
|  | **Indicators** | **Measures** |
| **Individual: Skills, physical health and mental wellness in a region’s people** |  |  |
| **Intellectual: Knowledge, creativity and innovation in a region’s institutions and sectors** |  |  |
| **Social: Trust, relationships and networks** |  |  |
| **Natural: Water, land, air, minerals, plants and animals, ecosystem services and other natural resources in a place** |  |  |
| **Built: Constructed infrastructure, including buildings, sewer and water systems, communications systems, and roads** |  |  |
| **Political: Goodwill, influence and power that people and institutions in the region can exercise in decision-making.** |  |  |
| **Financial: Monetary resources available for investment in the region** |  |  |

**Extra Credit:**

* What indicators and measures could you use to assess inclusion?
* What indicators and measures could you use to assess local ownership?