

# Exercises

## EXERCISE A

1. Individually, use the Seven Forms of Wealth Continuum assessment tool to think about how your program impacts the seven forms of wealth.
2. Record your scores from the assessment tool in the table below.
3. Share with your table mates.

	FORM OF WEALTH						
SCORE	Individual	Social	Intellectual	Natural	Built	Political	Financial

## EXERCISE B

1. As a table, choose one program from the table to continue with and think through how that program could be structured differently to have a greater impact on one or two forms of wealth.